



The Motivated to Marry Dating to Mating Checklist:

Answer Yes or No

1. Do you know your true reason(s) for dating? How about those you are dating?
2. Do you have a clear idea about your ideal life and how a love relationship would fit in with your ideal life vision?
3. Have you set aside at least 3 to 10 hours of time for dating activities per week?
4. Do you have clarity around the 3 BIGGIES (Values, Must Haves and Life Goals)
5. Are you aware of your DATING ROADBLOCKS? (Internal and External?)
6. Do you know where you can best meet people for dating who share your core relationship values and life goals based upon your personality? (Online and In Person)
7. Is your online dating profile attracting quality people for dating?
8. Do you know to handle rejection and keep your confidence strong?
9. Do you know who to ask in your network and how to ask them to introduce you to any appropriate people they may know?
10. Are you comfortable with what to do on a first date and have handy at least 5 appropriate conversation starters?
11. Are you aware of all the expectations you place on a relationship and also comfortable with asking for what you need from a relationship?
12. Do you have a plan for what you need to have in place from a relationship BEFORE you agree to become exclusive and physical with someone?
13. Do you have a timeframe in mind about HOW LONG you would remain in an exclusive relationship before expecting to be engaged?
14. Do you know the relationship hurdles you must go through BEFORE you get engaged?
15. Do you have a supportive group of people in your life that will be there championing you on as you go through the dating ups and downs?

The Motivated to Marry Dating Secrets Coaching Program shows you how to get to ALL YES'S so you can date with greater confidence and ease!

For your 30 minute Meet Your Mate Strategy Session, go to www.TalkwithCoachAmy.com.